

Jesus Calms the Storm—[Mark 4:35–41](#)

Topics:

Doubt, Faith, Fear, Miracles, Nature, Obedience, Power, Trust

Open It

1. What do you usually feel like doing after a long, hard day of work?
2. When was the last time you felt out of control?
3. *How do you tend to handle stress—thrive, panic, seek out distractions, procrastinate, etc.?

Explore It

1. When did the events of this story take place? ([4:35](#))
2. *Where did Jesus and His disciples go? How? ([4:35–36](#))
3. Why did the disciples take Jesus along “just as He was”? ([4:36](#))
4. What emergency situation arose? ([4:37](#))
5. *Why were the disciples surprised with Jesus? ([4:37–38](#))
6. What was Jesus doing during a violent storm? ([4:38](#))
7. How was Jesus coping with the storm that threatened Him and His men? ([4:38](#))

8. What is significant about the disciples' questioning Jesus by asking, "Don't you care if we drown?" ([4:38](#))
9. How would you compare Jesus' behavior during this crisis with that of His disciples? ([4:38](#))
10. How did Jesus solve the dilemma He and His disciples were facing? ([4:39](#))
11. *Why did Jesus rebuke His disciples? ([4:40](#))
12. What was the answer to the rhetorical question that the disciples asked? ([4:41](#))
13. What did the disciples learn about Jesus from this event? ([4:39–41](#))

Get It

1. How do you think Jesus felt after long days of teaching the people, responding to His opponents, and healing the sick?
2. Where do you think Jesus found the strength to maintain such an exhausting level of ministry?
3. When have you ever felt as the disciples did—distressed at events out of control?
4. What have been some of the "storms" in your personal life?
5. *What "storms" or difficulties are you going through right now?

6. How has God helped you handle your fears and frustrations during difficult times?
7. In what specific ways has God shown His care and love for you?
8. What difference does it make to you that Jesus has authority over all the powers and forces of our world?
9. In what area of your life is your faith lacking?
10. *How can you trust more completely in the power and authority of Jesus?
11. What miraculous work would you like Jesus to do in your life? How could you ask Him?
12. In what specific area of your life do you need more faith in God?

Apply It

1. *How can you trust God this upcoming week with situations that get out of control or seem hopeless?
2. What do you want to remember the next time your life seems out of control?
3. When could you pray regularly this week for the needs in your life?